

AGE-APPROPRIATE TASKS FOR CHILDREN

Ages 2-4

- Pick up toys
- Help empty dishwasher
- Help set table
- Help clear table
- Kitchen helper (ex: whisk eggs)
- Carry bedding to laundry room
- Empty dryer
- Help dust furniture
- Pick up sticks from yard
- Pick up rocks from garden

Ages 5-7

- Tidy a room alone
- Make bed
- Remove sheets from bed
- Stack books on a shelf
- Dust furniture
- Fold washcloths and kitchen towels
- Feed a pet
- Empty dishwasher alone
- Wipe off kitchen table
- Wipe down appliances
- Chop bananas and soft foods
- Water hanging baskets

Ages 8-10

- Fold and put away laundry
- Clean bathroom (potty, sink, tub, mirror)
- Vacuum, sweep & mop
- Clean out pet's cage
- Put clean bedding on beds
- Wash dishes
- Make simple foods (oatmeal, dips, & scrambled eggs)
- Stack firewood
- Weed garden or flower bed
- Read to younger sibling

Ages 11+

- Wash & iron clothes
- Organize book shelves
- Organize/clean out cupboards, drawers, & closets
- Cook simple meals, quick breads, brownies)
- Clean kitchen
- Help with food preserving
- Take out trash & clean trash cans
- Shovel snow
- Rake leaves
- Mow