

# WEEKLY LIST

WEEK OF:

<b>MONDAY</b> MEAL:	<b>NOTES &amp; REMINDERS</b>
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>TUESDAY</b> MEAL:	
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>WEDNESDAY</b> MEAL:	
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>THURSDAY</b> MEAL:	
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>FRIDAY</b> MEAL:	<b>SHOPPING LIST:</b>
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>SATURDAY</b> MEAL:	
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<b>SUNDAY</b> MEAL:	
	<p>CHILDREN:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

# WEEKLY LIST

WEEK OF:

MONDAY MEAL:		NOTES & REMINDERS
	CHILDREN:	
TUESDAY MEAL:		
	CHILDREN:	
WEDNESDAY MEAL:		
	CHILDREN:	
THURSDAY MEAL:		
	CHILDREN:	
FRIDAY MEAL:		SHOPPING LIST:
	CHILDREN:	
SATURDAY MEAL:		
	CHILDREN:	
SUNDAY MEAL:		
	CHILDREN:	

# WEEKLY LIST

WEEK OF:

MONDAY MEAL:	NOTES & REMINDERS
	<b>SHOPPING LIST:</b>

# WEEKLY LIST

WEEK OF:

MONDAY MEAL:	NOTES & REMINDERS
	SHOPPING LIST:

# WEEKLY LIST

WEEK OF:

**MONDAY** MEAL:

CHILDREN:

**TUESDAY** MEAL:

CHILDREN:

**WEDNESDAY** MEAL:

CHILDREN:

**THURSDAY** MEAL:

CHILDREN:

**FRIDAY MEAL:**

**CHILDREN:**

**SATURDAY MEAL:**

**CHILDREN:**

**SUNDAY MEAL:**

**CHILDREN:**

**NOTES**

# WEEKLY LIST

WEEK OF:

**MONDAY** MEAL:

CHILDREN:

**TUESDAY** MEAL:

CHILDREN:

**WEDNESDAY** MEAL:

CHILDREN:

**THURSDAY** MEAL:

CHILDREN:

<b>FRIDAY MEAL:</b>	
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	<b>CHILDREN:</b>

<b>SATURDAY MEAL:</b>	
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	<b>CHILDREN:</b>

<b>SUNDAY MEAL:</b>	
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	<b>CHILDREN:</b>

<b>NOTES</b>	
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# WEEKLY LIST

WEEK OF:

MONDAY MEAL:

TUESDAY MEAL:

WEDNESDAY MEAL:

THURSDAY MEAL:

FRIDAY MEAL:

SATURDAY MEAL:

SUNDAY MEAL:

NOTES

# WEEKLY LIST

WEEK OF:

**MONDAY** MEAL:

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**TUESDAY** MEAL:

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**WEDNESDAY** MEAL:

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**THURSDAY** MEAL:

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**FRIDAY MEAL:**

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**SATURDAY MEAL:**

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**SUNDAY MEAL:**

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**NOTES**

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